

Nutrition Facts

1 serving per container

Serving size 1 hot pocket
(125g)

Amount per serving

Calories **300**

% Daily Value*

Total Fat 15g 19%

Saturated Fat 8g 40%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 610mg 27%

Total Carbohydrate 26g 9%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 1g Added Sugars 2%

Protein 14g

Vitamin D 0mcg 0%

Calcium 136mg 10%

Iron 1mg 6%

Potassium 172mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.