

Nutrition Facts

1 serving per container

Serving size 1 hot pocket
(125g)

Amount per serving

Calories **310**

% Daily Value*

Total Fat 16g 21%

Saturated Fat 7g 35%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 450mg 20%

Total Carbohydrate 27g 10%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 1g Added Sugars 2%

Protein 14g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 1mg 6%

Potassium 167mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.